

Ottawa Street Pool Classes

Lifeguard Training with AED

Looking for a great summer job or a challenging career? American Red Cross Lifeguarding is the best place to start. This course helps you develop skills and experience valued by colleges and future employers. You'll learn how to deal effectively with people, fostering a "take charge" attitude. You'll also get a participant's manual and tips for securing a lifeguard job. The course covers first aid, CPR for the professional rescuer, AED skills, and rescue skills. Individuals must be at least 15 years old by the last date of class. In this course, you will learn about the duties and responsibilities of a lifeguard and how to carry them out in a professional manner. You will also learn a number of lifeguarding techniques; how to use rescue equipment to help a distressed swimmer, active drowning victim, and passive drowning victim; and how to care for someone who may have a head, neck or back injury. THERE WILL BE NO OPTION TO REPEAT SKILL SCENARIOS OR THE FINAL WRITTEN TEST. AS

Program #	Day	Date	Time	Location
29640A1	Th-Su	Jun. 3-6	9 am-4 pm	OSP

Ages 15 & up
R \$225/NR \$225
Min. 7/Max. 10

Water Safety Instructor

The purpose of the American Red Cross Water Safety Instructor course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety course by developing their understanding of how to use the course materials, how to conduct training sessions, and how to evaluate participants' progress. To participate in the Water Safety Instructor course, individuals must -1. Be at least 16 years of age on or before the last lesson of the course.2. Have successfully completed the Fundamentals of Instructor Training course.3. Course Passing Requirements1. Successfully pass the pre-course session.2. Attend and successfully participate in all course lessons.3. Successfully complete the required number of practice-teaching assignments.4. Score at least 80% on the final instructor course written exam. In order to take the Water Safety Instructor Course you must have completed the Fundamentals of Instructor Training Course. AS

Program #	Day	Date	Time	Location
29641A1	M-Su	May 24-Jun. 9	4 pm-12 am	OSP

Ages 16 & up
R \$300/NR \$300
Min. 6/Max. 10

For more information, visit www.chicagoredcross.org!

Lifeguard Instructor Class

The purpose of the American Red Cross Lifeguarding Instructor course is to train instructor candidates to teach basic-level Lifeguarding, Shallow Water Attendant (all including first aid), Lifeguard Management, CPR/AED for the Professional Rescuer, Administering Emergency Oxygen, Blood-borne Pathogens Training: Preventing Disease Transmission and Basic Water Rescue courses. Instructor candidates will also become familiar with GuardStart: Lifeguarding Tomorrow and Water Safety presentations. This course prepares instructor candidates to use course and presentation materials, conduct training sessions and evaluate the progress of candidates in a professional level course. Prerequisites1. Must be at least 17 years of age on or before the last day of the course.2. Possess a Fundamental of Instructor Certificate issued within the last or year or possess a current national Health and Safety Services Instructor Authorization Certificate. (Be a current American Red Cross Instructor.)3. Successfully complete the pre-course session. To take the Life Guard Instructor Course you must have completed the Fundamentals of Instructor Training Course. AS

Program #	Day	Date	Time	Location
29642A1	M-Th	Jun. 15-22	4-9:30 pm	OSP

Ages 17 & up
R \$330/NR \$330
Min. 5/Max. 10

Fundamentals of Instructor Training

This course introduces instructor candidates to the history, structure and activities of the American Red Cross, prepares instructor candidates to teach American Red Cross specialty courses to diverse populations, and introduces instructor candidates to the policies and procedures of the American Red Cross, to ensure course consistency, quality and appropriate reporting. You will learn about the mission of the American Red Cross, our teaching philosophy and methods, being an effective instructor, how to complete records and reports, and how to positively represent the Red Cross. The criteria for completing this course is attendance at all sessions and participation in task assignments and other learning activities. Upon successful completion of the Fundamentals of Instructor Training (FIT) course your certificate will be valid for 1 year from the date it was issued. In order for you to become an American Red Cross instructor you must complete your instructor specialty training while your FIT certificate is valid. Your FIT is then current as long as your instructor certification is maintained.

Program #	Day	Date	Time	Location
29643A1	Tu	May 18	4:30-9 pm	RECAD

Ages 16 & up
R \$55/NR \$55
Min. 5/Max. 10