

## Bike Park

Ride the Midwest's only free public bike park! Get rad on the pumptrack, skills area, dirt jumps, and other obstacles. Never rode a bike park before? That's ok! The bike park is designed for all skill levels with progressive skills areas from beginner to expert so you can ride at the level you feel comfortable. Featured in the news and national magazines, come out and see what all the excitement is about!

Similar to a skate park but made of dirt, the free public bike park features dirt jumps of various sizes, a rhythm section of rolling berms, a pump track, and a skills area with obstacles such as logs and rocks. The park is a safe environment designed for riders of all ages and skill levels with sections ranging from beginner to expert for riders to evolve in their sport. The bike park provides a location for competitions, exhibition riding, and instructional classes, as well as a training ground for the Olympic sports of BMX racing, mountain bike racing, and freestyle competitions like the X-Games.

The Plainfield Park District and CAMBr West, the west chapter of Chicago Area Mountain Bikers, opened the Plainfield Bike Park in Fall 2008. The bike park is located on the eastern edge of Van Horn Woods, along the I-55 Frontage Road between Route 30 and Caton Farm Road in Plainfield.

The bike park has been funded entirely by grants, donations and the fundraising efforts of CAMBr West. In addition, the bike park was constructed by CAMBr members and volunteers. Nearly 314 people volunteered more than 1,100 hours to design the bike park; remove trees and brush; install fencing, signs, a kiosk, rocks, logs and a storage building; and shape dirt to create the jumps, pump track and skills area.

CAMBr is a non-profit volunteer organization of hundreds of riders with a mission to promote responsible trail use, prevent trail closings, maintain unpaved trails and create new legal off-road opportunities for cycling in the Chicago area. CAMBr West and its volunteers are responsible for inspection and maintenance of the bike park to ensure its safety for riders.

For more information about the bike park, volunteer opportunities, or to make a donation to CAMBr West, visit [www.plainfieldbikepark.com](http://www.plainfieldbikepark.com), [www.cambrwest.org](http://www.cambrwest.org), or [www.cambr.org](http://www.cambr.org).

### Volunteer!

The Plainfield Bike Park was built and is maintained by volunteers and users of the park. Building dirt jumps can be just as fun as riding and it's a great cardio work out, perfect for building the muscles and stamina needed to ride the park. Get higher boosts and smoother style by knowing you did your part to care for the local trails. Volunteers at CAMBr West workdays also can earn swag and other prizes for working at the park. Volunteers must sign a waiver annually to volunteer. Volunteers under 18 must have a waiver signed by a parent or guardian. Children under 10 must be accompanied by an adult.



### Freestyle Bike Riding Class

Learn bicycle handling skills to ride safe, go faster, jump higher, and clear obstacles with ease. Bike park safety and etiquette. Bicycle inspection and repair basics. Learn riding techniques like pumping rollers for speed, railing berms, navigating drops, and beginner dirt jumping. AS

#### Ages 6-13

Program #	Day	Date	Time	Location
22257A1	Tu	Jul. 6-27	6-8 pm	VANH

#### Ages 14 & up

Program #	Day	Date	Time	Location
22257A2	Sa	Jul. 10-31	10 am-12 pm	VANH

R \$60/NR \$90  
Min. 5/Max. 10

### Special Event - 2010 Dirt Jam Saturday, Oct. 2

During the Dirt Jam, MTB and BMX riders of all ages will session the park for trophies and prizes. There will also be food, music, entertainment, raffles and giveaways. Participants must be registered for the Dirt Jam to ride the park that day and be eligible for the prizes and giveaways. Signed waivers and helmets are required for event participation, and the event will take place rain or shine. Spectators are free.